



AMERICAN
COLLEGE of
CARDIOLOGY

News You Can Use - August 2020

[New Videos Address Emerging and Persistent Issues Related to COVID-19](#)

In a new series of videos addressing emerging and persistent issues related to the COVID-19 pandemic, ACC thought leaders and science experts provide structured reviews of emerging science, perspectives from the front lines, guidance on nonclinical issues and more. Topics to date include tips for virtual interviewing, an overview of the latest COVID-19 research, managing clinician well-being, and deep dives into clots and anticoagulants, use of RAAS inhibitors and managing COVID-19 in children and adults. [Access the full library of videos.](#)

[Tune In For Final Sessions of the Summer COVID-19 Education Series](#)

Don't miss the final sessions of ACC's Summer COVID-19 Education Series, occurring every Thursday from noon to 1 p.m. ET through Aug. 27. August topics will address the importance of Advocacy during the public health emergency, the management of COVID-19 in children and adults, and more. Check out all previous sessions [on demand](#). Also, save the date for a special Saturday COVID-19 event on Sept. 12. More details coming soon!

[Cardiology Magazine: Returning to Sports After COVID; Cardiology in Post-COVID Era; Universal Masking](#)

The latest issue of [Cardiology magazine](#) features an article on [transforming care for LGBTQ+ patients](#) and includes several articles about COVID-19. Learn what three pediatric cardiologists think about children [returning to sports after recovering from COVID-19](#). Fellow-in-Training **Edward Chu, MD**, explores [how the COVID-19 pandemic has affected his cardiology training](#). Another article [highlights a study](#) that found universal masking of health care workers and patients was associated with lower rates of positive COVID-19 tests among health care workers. [Read the full issue.](#)

[ACC Releases Updated Guidance on SGLT2 Inhibitors, GLP-1RAs to Reduce CV Risk in Type 2 Diabetes](#)

The ACC on Aug. 5 released the *2020 Expert Consensus Decision Pathway on Novel Therapies for Cardiovascular Risk Reduction in Patients With Type 2 Diabetes* in the [Journal of the American College of Cardiology](#). The document updates the 2018 ACC Expert Consensus Decision Pathway, incorporating practical guidance for cardiologists to initiate and monitor the use of sodium-glucose cotransporter 2 (SGLT2) inhibitors and glucagon-like peptide 1 receptor agonists (GLP-1RAs) with the goal of reducing cardiovascular risk in patients with type 2 diabetes. Specifically, the document provides treatment algorithms for SGLT2 inhibitors and GLP-1RAs that clinicians can use with established risk-factor modification guidelines to prevent major adverse cardiovascular events in patients with type 2 diabetes. [Read more.](#)

of a world where innovation and knowledge optimize cardiovascular care and outcomes." [Read more.](#)

[CardioSmart Debuts New Website for Patients, Clinicians](#)

ACC's [new CardioSmart website](#) is designed to emphasize the value of the patient and clinician partnership to personalize care. With the goal of better connecting patients with their clinicians to prevent or treat heart disease, the new [CardioSmart.org](#) provides information on heart conditions and trusted resources and tools to support important health conversations and foster a strong partnership. "Our new website is user-friendly, for both health care professionals and patients. Clinicians can refer patients, and patients can effortlessly find the information they need to aid in making key health decisions," said Martha Gulati, MD, FACC, editor-in-chief of CardioSmart. "We continue to evolve and develop the resources our members want for our patients, be an up-to-date reliable source for everyone and improve the ease with which everyone can access information, whether from a clinic setting or at home." [Learn more.](#)