

# ACC NEWS YOU CAN USE

## JANUARY 2020

### **New Podcasts Address Conflict Management in the Workplace; Medical Professionalism**

Recent episodes of ACC's Practice Made Perfect podcast address two important nonclinical competencies and career development topics. In "[Conflict Management in the CV Workplace: How do I Get Out of Trouble?](#)," ACC Immediate Past President **C. Michael Valentine, MD, MACC**, and ACC staff member **Rosanne Nelson** discuss the dynamics of conflict, which of the five most common conflict managements styles is most effective, and tips and strategies for navigating difficult conversations. In an episode on [medical professionalism](#), **Alison Bailey, MD, FACC**; **Martha Gulati, MD, MS, FACC**; **John P. Erwin III, MD, FACC**; and **Garima Sharma, MBBS, FACC**, discuss medical professionalism in the cardiovascular workforce and on social media, as well as ACC's role in providing resources to support medical professionalism. See all [Practice Made Perfect episodes](#) and the full collection of ACC podcasts on [ACC.org](#).

### **Sign Up For "Microvolunteer" Opportunities**

There are a lot of big ways to get involved with the College – being on a Section Leadership Council, participating on a taskforce or committee, or serving as faculty for a live course. However, not everyone has the time for some of these larger-scale commitments. That's why the ACC has launched a [Microvolunteering Platform](#). Sign up to be among the first to learn about quick-hit opportunities to get engaged in areas such as Advocacy, Communications, Education, Networking and Science. Your involvement, at whatever level, makes the College stronger.

### **AACC Designees to be Honored at Convocation in Chicago**

The AACC designation was created in 2009 to recognize #ACCCVT professionals who have dedicated themselves to providing the highest-level of #CVD care. Learn more and join us for Convocation at #ACC20 #WCCardio! [Learn more about the AACC designation here.](#)

### **New AUC Address Multimodality Imaging During Follow-Up Care of CHD Patients**

New Appropriate Use Criteria (AUC) from the ACC, published Jan. 6 in the *Journal of the American College of Cardiology*, provide important guidance on the appropriate use of noninvasive cardiac imaging for surveillance and evaluation of patients with congenital heart disease (CHD). The writing group, co-chaired by Ritu Sachdeva, MBBS, FACC, and Anne Marie Valente, MD, FACC, noted that in general, "while transthoracic echocardiography remains the cornerstone of cardiac imaging in patients with CHD, other imaging modalities, such as

transesophageal echocardiography, cardiovascular magnetic resonance, cardiovascular computed tomography, and stress imaging, also play an important role in anatomic and functional assessment." [Read more.](#)

## **Digital ACC Resources:**

### **ACC's Official Social Media Policy and Hashtag Guide**

ACC has released its official social media policy on ACC.org – along with a handy guide to ACC's official hashtags. [Access both here.](#)

### **Get Easy Access to JACC Content on Your Phone or Tablet Via the JACC Journals App**

Use the [JACC Journals App](#) to access the latest research and clinical practice updates from the top-ranked family of JACC Journals. This single app puts all of your favorite content at your fingertips – and is accessible across all iOS and Android devices. The app lets you browse new issues, link to featured articles, and interact with figures, tables and multimedia content. The “My Reading List” feature allows you to save articles for offline reading; share via social media; email useful content; and much more! Download the app from the [iTunes App Store](#) or get it on [Google Play](#) today.

### **Stay in Touch With the ACC Via Social Media -- Now on Instagram**

Stay in touch with the ACC and the latest clinical and advocacy news through ACCinTouch. ACCinTouch connects ACC members and those interested in cardiovascular news through popular social networking channels like [Facebook](#), [Twitter](#), [LinkedIn](#) and [YouTube](#) -- and now, [Instagram](#)! Join each of these networks to connect with ACC members and those interested in cardiology. In addition to the ACC's main Twitter profile [@ACCinTouch](#), the College also has a channel dedicated to advocacy and quality-related news ([@Cardiology](#)). CardioSmart, ACC's patient education and support program, also has patient-centered cardiovascular news available through Twitter ([@CardioSmart](#)). For more information about ACC's social media channels, visit [ACC.org/ACCinTouch](#).

### **ACC Archived Webinars**

Did you know that you can find archived webinars from throughout the years from the ACC on ACC.org? As a member, you have access to this wealth of information at [ACC.org/WebinarsOndemand](#). Questions? Contact ACC Member Care at Phone: 202-375-6000, ext. 5603 or 800-253-4636, ext. 5603 or [resource@acc.org](mailto:resource@acc.org).

## **Publications (JACC, Cardiology Magazine, etc.)**

### **January Issue Cover Story of *Cardiology* Magazine Focuses on Implicit Bias**

Implicit bias is ubiquitous and an [article](#) in the latest issue of [Cardiology](#) looks at how to recognize unconscious barriers to quality care and diversity in medicine and how to change behavior at the individual and system levels. Chapter exchanges are an important avenue of

connecting cardiologists from around the world to learn from each other and share ways to optimize care and outcomes. Read about the [exchange between the North Carolina Chapter and the Chilean Society of Cardiology and Cardiovascular Surgery](#) and ten tips for creating a successful exchange program. Learn about [the growing field of cardio-obstetrics](#) and benefits of establishing a clinic for high-risk pregnancies and the [Intensive on Cardio-Obstetrics at ACC.20/WCC](#). What's the potential of consumer wearables in the 2020s and how did one save the life of a cardiologist? [Read more here](#). Don't miss a review of [ACC's advocacy successes nationally](#) and [at the state levels](#), and a look at [ACC's growth over the last two decades](#). Follow Cardiology on Twitter using [#CardiologyMag](#) and get the full issue [here](#).

### **JACC Leadership Page: Opioid Crisis Impacting More Than Just Patients**

In a [Leadership Page](#) published in the *Journal of the American College of Cardiology*, Richard J. Kovacs, MD, FACC, Jason H. Gilbert, PHD, MBA, RN, NEA-BC and William J. Oetgen, MD, MBA, FACC, discuss the issues that clinicians, hospitals and practices are facing in light of the opioid crisis. Opioid use can affect a patient's relationship with the health care system. Programs need to be designed to care for infective endocarditis caused by injection drug use but doing so may be complicated by the societal stigmatization of addiction. Opioid-related claims are a common cause of litigation and medical practitioners treating these patients often face burnout. It is more important than ever to screen patients for risk, document family history and educate patients, families and providers about risks and treatment options. [Read more](#).

### **JACC Leadership Page: Addressing Clinician Well-Being**

In a [Leadership Page](#) published in the *Journal of the American College of Cardiology*, Akshay Khandelwal, MD, FACC, Laxmi Mehta, MD, FACC, Scott Lilly, MD, FACC and Poonam Velagapudi, MD, FACC, discuss the importance of addressing burnout and clinician well-being and the necessity to address systemic issues that improve clinician efficiency while reducing unnecessary administrative burdens. The ACC Board of Trustees has included an initiative to improve clinical well-being in to the 2020-2023 Strategic Plan. Current activities underway include a Wellness Workgroup within in the Membership Committee and a BOG Task Force on Wellness. In the Leadership Page, the authors also lay out next step for the ACC to tackle this issue. [Read more](#).

### **Most Talked About JACC Journals Articles From 2019**

*Chili Pepper Consumption and Mortality in Italian Adults* by Marialaura Bonaccio, PhD, Licia Iacoviello, MD, PhD, et al. received [the most online attention](#) among research published in the *Journal of the American College of Cardiology (JACC)* in 2019. Meanwhile, topics including the

associations between recreational cannabis use and cardiac structure and function, a practical guide to prescribing SGLT2 inhibitors, and the association of Celecoxib with dystrophic calcification and aortic valve stenosis were the focus of the most talked about articles published in *JACC* specialty journals. For the two new journals, *Learning From a Heart Transplant Patient* was the most talked about *JACC: Case Report* article, and *Pre-Diagnosis Exercise and Cardiovascular Events in Primary Breast Cancer* was the most talked about *JACC: CardioOncology* article. The Most Talked About lists are based on Altmetric scoring, which measures the digital impact and reach of peer-reviewed papers worldwide. According to altmetrics, articles published in *JACC* Journals garnered more than 239,000 online media and social media mentions in 2019. This number encompasses online news outlets, Twitter, Facebook and other credible online mentions. See the full list and explore the conversations about top articles for all eight *JACC* Journals at [JACC.org/MostTalkedAbout](https://www.jacc.org/most-talked-about).

### ***JACC: Case Reports* Highlights CVD in Women**

The January issue of *JACC: Case Reports* is entirely dedicated to the topic of cardiovascular disease in women. Bringing to light this important area of study, the issue is intended to help close the knowledge gap in sex-specific diagnostic and therapeutic strategies for cardiovascular disease. The issue features clinical cases and imaging vignettes on women of all ages presenting with cardiovascular disease; a mini focus issue on peripartum cardiomyopathies; and three stimulating Viewpoint papers discussing the [value of obstetrics and gynecologic history in uncovering cardiovascular disease risk factors](#), [implementing a women's cardiovascular health training program in a cardiovascular disease fellowship](#), and challenges and [potential cardiovascular consequences for women of modern societies](#). In an informative [Leadership Page](#), ACC Vice President Athena Poppas, MD, FACC, outlines the importance of improving the cardiovascular health and quality of health care for women, and how various challenges can be addressed. For more on the relevance of this topic, read the [Editor's Page](#) by Editor-in-Chief Julia Grapsa, MD, PhD, FACC, and access the full issue at [JACC.org/CaseReports](https://www.jacc.org/casereports).